NURSING (NURS)

NURS 106 Cultural Competency in Healthcare 3unit(s)
Hours: 3 Lecture/Discussion
This course explores cultural competency skills required to assist individuals to promote, maintain and restore health. Emphasis is placed on analyzing differences in cultural demographics, beliefs, traditions, communication, biological variations and common morbidities.
Advisory on Recommended Preparation: ENGL 001 or equivalent college course with a minimum grade of C.

NURS 142 Pharmacology in Healthcare 3unit(s)
Hours: 3 Lecture/Discussion
This nursing course is a study of the pharmacotherapy related to the nursing care of clients across the lifespan. The progressive themes of the nursing program are applied through the nursing process to attain the client's optimal well-being.
Advisory on Recommended Preparation: BIOL 031 or equivalent college course with a minimum grade of C.

NURS 151 Introduction to Promote and Restore Wellness 3unit(s)
Hours: 1.5 Lecture/Discussion
4.5 Lab
This second semester course is a study of basic medical-surgical nursing principles and clinical skills which assist clients in promoting and restoring optimal wellness. Client care occurs in a variety of acute and community settings. The progressive themes of the nursing program are applied through the nursing process.
Corequisites: NURS 152 and NURS 154 must be taken concurrently.

NURS 152 Promoting Perinatal Wellness 4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This course is completed during the second semester of the Registered Nursing Program. It consists of study and application of theory to clinical care of the childbearing family, including maintaining and promoting optimal wellness. It includes concepts of perinatal care. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being. Prerequisite of NURS 161 may be waived with LVN Licensure.
Prerequisites: NURS 161 or equivalent college course with a minimum grade of C.

NURS 153 Promoting Pediatric Wellness 4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This course is completed during the third semester of the Registered Nursing Program. It consists of study and application of theory to clinical care of the pediatric client and family, including maintaining and promoting optimal wellness. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being. Prerequisites of NURS 161 (may be waived with LVN licensure and NURS 150), NURS 151, NURS 152, & NURS 154.
Prerequisites: NURS 151 and NURS 152 and NURS 154 and NURS 161 or equivalent college course with a minimum grade of C.

NURS 154 Promoting Mental Wellness 4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This second semester course is a study of psychiatric, mental-health concepts to promote and restore wellness. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being.
Prerequisites: NURS 161 or equivalent college course with a minimum grade of C.

NURS 161 Maintaining Optimal Wellness 11unit(s)
Hours: 5 Lecture/Discussion
18 Lab
This first semester course is an introduction to the elements of client-centered care based on the nursing process, emphasizing assessment and the older adult. Introduces nursing program threads: caring, safety, psychomotor skills, critical thinking, communications, teaching, growth, development, adaptation, and legal, ethical, and professional nursing. The progressive themes of the nursing program are applied through the nursing process to attain the client's optimal well-being.
Prerequisites: BIOL 030 and BIOL 031 and BIOL 040 and ENGL 001 or equivalent college course with a minimum grade of C.
Limitation on Enrollment: Acceptance into the RN Program.

2019-2020 College of the Sequoias Catalog
NURS 163 Promote and Restore Wellness 1  
Hours: 3 Lecture/Discussion  
9 Lab  
This third semester nursing course is a study of intermediate medical-surgical nursing principles and clinical skills which assist adult clients in promoting and restoring optimal wellness. Client care occurs in a variety of acute and community settings. The progressive themes of the nursing program are applied through the nursing process.  
Prerequisites: NURS 151 and NURS 152 and NURS 154 or equivalent college course with a minimum grade of C.

NURS 164 Promote and Restore Wellness 2  
Hours: 4 Lecture/Discussion  
12 Lab  
This fourth semester nursing course is a study of complex medical-surgical nursing concepts to promote and restore wellness in complex clients. In the clinical laboratory, students will increase skills to promote and restore optimal wellness. The progressive themes of the nursing program are applied through the nursing process to attain the client’s optimal well-being.  
Prerequisites: NURS 163 or equivalent college course with a minimum grade of C.

NURS 166 Nursing Leadership  
Hours: 0.5 Lecture/Discussion  
7.5 Lab  
This is a study of the leadership role of the Registered Nurse in providing integrated, cost-effective care to clients by coordinating, supervising, and collaborating with members of the health care team.  
Prerequisites: NURS 153 and NURS 163 or equivalent college course with minimum grade of C.

NURS 220 Perioperative Nursing  
Equivalent Course: NURS 120  
Hours: 2 Lecture/Discussion  
6 Lab  
This is an elective course in perioperative nursing. This course is designed to prepare a competent and knowledgeable practitioner to administer optimum care to select surgical patients during pre-operative, intra-operative, and post-operative phases of surgical intervention.  
Prerequisites: NURS 161 or equivalent college course with a minimum grade of C.

NURS 256 Medical Terminology  
Equivalent Course: BUS 256  
Hours: 3 Lecture/Discussion  
This course is designed to provide a foundation for the understanding of medical terminology using simple, non-technical explanations of medical terms. The fundamentals of word analysis are explained to make the understanding of complex terminology easier.  
Advisory on Recommended Preparation: ENGL 251 or equivalent college course with a minimum grade of C or eligibility for ENGL 001 as determined by COS Placement Procedures (https://catalog.cos.edu/placement-procedures).

NURS 260 Nursing Assistant  
Hours: 4 Lecture/Discussion  
7 Lab  
This course is designed to prepare the student as an entry-level worker, providing basic nursing care to patients in acute care and long-term care settings. The curriculum is structured to provide theory and application in skills needed to function as a Nursing Assistant. Upon completion, students will be eligible to take the state certification examination. *Required by the clinical placement facilities: the student must have a current American Heart Association, Health Care Provider CPR Certification.

NURS 310 Prepare/Health Care Careers  
Hours: 2 Lecture/Discussion  
This course assists any new or returning college student to be successful. Assessment and application of individual learning styles are done. Learning skills such as note-taking, testing, and writing are reviewed. Basic arithmetic, problem-solving skills, library and computer resources, means to manage money, and stay healthy are discussed.
NURS 400 Nursing Skills Lab

Hours: 3 Lab

Equivalent Course: NURS 400AD

This course provides the student an opportunity for additional directed learning and supervised laboratory time to develop and refine nursing clinical skills necessary to the safe clinical practice of professional nursing. The student will gain knowledge from instructor demonstration, a variety of electronic media, computers and simulation.

Limitation on Enrollment: Must be enrolled in the COS Registered Nursing Program.