

# ASSOCIATE IN ARTS IN PSYCHOLOGY FOR TRANSFER (AA-T)

Students completing the Associate in Arts in Psychology for Transfer will be able to seamlessly transfer into the CSU system to pursue a baccalaureate degree in Psychology. Students completing this degree will have an introductory foundation for the field of Psychology through the study of facts, principles and theories that pertain to the basic concepts and behaviors, thoughts, and emotions from human and animal research studies. Students will acquire skills and abilities in a scientific perspective, using systematic investigation and critical thinking methods.

## Program Outcomes

- Articulate whether the psychology courses taken at COS have improved their understanding of others.
- Articulate whether the psychology courses taken at COS have improved their self-understanding.
- Identify careers in psychology.
- Recognize the fundamental assumptions and central ideas of the psychoanalytic, behavioral, humanistic, socio-cultural, cognitive, biopsychological, and evolutionary approaches to psychology.

## Transfer & Career Opportunities

This Associate in Arts in Psychology for Transfer (AA-T) Degree is intended to meet the lower division requirements for Psychology for all CSU campuses. Students planning to transfer to institutions other than the CSU are encouraged to consult ASSIST.org (<http://www.assist.org>) and a COS counselor for program planning and course selection. Most common career opportunities with a baccalaureate degree include: Correction Counselor Trainee, Public Affairs/Social Sciences, Personnel Analyst, Market Researcher, Mental Health Care Worker, Community Youth Programs Worker, Crisis Intervention Counselor, Community and Social Service Worker, Probation Officer and Parole Officer.

## Program Requirements

Code	Title	Units
GENERAL EDUCATION		37-39
Select one of the following General Education patterns:		
California State University General Education (CSU-GE) *		
Intersegmental General Education Transfer Curriculum (IGETC-CSU) **		
+		
REQUIRED MAJOR COURSES		15
SSCI 025	Statistics - Social Sciences *	4
	or MATH 021 Introduction to Statistics	
PSY 001	General Psychology *	3
PSY 029	Research Methods	4
BIOL 020	Frontiers in Biology *	4
+		
RESTRICTED ELECTIVES - LIST A		3
Select one of the following courses:		
ANTH 010	Cultural Anthropology *	3
PSY 005	Social Psychology *	3

PSY 080	Introduction to Lifespan Psychology	3
SOC 001	Introduction to Sociology *	3
+		
RESTRICTED ELECTIVES - LIST B		3
Select one of the following courses or any course not selected from List A:		
PSY 010	Human Sexuality	3
PSY 034	Abnormal Psychology	3
PSY 130	Introduction to Behavior Modification	3
PSY 133	Personal and Social Growth	3
+		
ELECTIVES		12-18
Select additional transferable courses numbered 1-199 to achieve 60 units. The Social Science Division recommends additional courses from 2E or 2F to meet this requirement.		
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TOTAL		60

\* Course(s) meets General Education requirement and 12-15 units may be double counted above in 1A (CSU GE).

\*\* 13-16 units may be double counted above in 1B (IGETC-CSU). IGETC-CSU requires completion of IGETC AREA 1C.

The Associate in Arts Degree for Transfer requirements include completion of the 60 unit program defined above with at least 12 units taken in residence at College of the Sequoias with a "C" (2.0) average and a "C" or better grade in all required major and restricted electives courses (see Transfer Information and Requirements (<https://catalog.cos.edu/transfer-information-requirements/>) section for additional details).