

# ASSOCIATE OF SCIENCE IN HUMAN SERVICES (SOCIAL WORK) (AS)

This degree prepares students for entry-level employment in the field of Human Services (Social Work) through the study of legal and ethical issues, theories of practice and human behavior, history of social welfare and current policies. Students will acquire skills in critical thinking, case planning, crisis intervention, theory-based assessment, working knowledge of community resources and experience in a human services agency.

## Program Outcomes

- **Assessment:** Using a case vignette in each course the student will analyze the case and identify problem areas.
- **Legal and ethical:** The student will use a case vignette in each course to identify any legal and ethical issues that might arise while providing services to the case.
- **Treatment planning:** The student will use a case vignette in each course to assess area in need of intervention and will discuss these interventions.
- **Community resources:** The student will identify community resources that could be used to assist a person or family in a case vignette in each course.
- **Self Care:** The student will identify areas of support and self care that are needed for themselves to professionally assist the clients in specific case vignettes, such as supervision, consultation, personal counseling.

## Career Opportunities

Upon successful completion of this degree, students will be prepared for careers or employment in the following fields: entry level jobs in Health and Human Services and a variety of non-profit agencies in the community in the area of crisis management, substance abuse, eligibility, and case management.

## Note

This degree is not designed for transfer; however, the courses included in this degree may be transferable and apply to other degrees designed for transfer.

## Program Requirements

Code	Title	Units
GENERAL EDUCATION AND SUBJECT REQUIREMENTS		25
College of the Sequoias' Associate Degree General Education (COS-GE) *		
+		
REQUIRED MAJOR COURSES		25
COMP 005	Computer Concepts *	4
or COMP 130	Introduction to Personal Computers	
ECON 025	Introduction to Economics *	3
or ECON 040	Principles of Microeconomics	

or BUS 297	Personal Finance	
HSRV 101	Group Design and Leadership	4
HSRV 102	Drug and Alcohol Treatment	3
HSRV 120	Introduction to Social Welfare	3
HSRV 121	Interviewing	5
HSRV 122	Introduction of Human Services	3
+		
REQUIRED WORK EXPERIENCE		6
Select six units from the following courses:		
WEXP 193H	Human Services Work Experience – First Semester	1-4
WEXP 194H	Human Services Work Experience - Second Semester	1-4
WEXP 195 H	Human Services Wrk Exp-3rd Sem	1-4
WEXP 196 H	Human Services Wrk Exp-4th Sem	1-4
+		
RESTRICTED ELECTIVES		6
Select six units from the following courses:		
ANTH 010	Cultural Anthropology *	3
ETHN 001	Black American Studies *	3
ETHN 002	American Indian Studies *	3
ETHN 003	Chicana and Chicano Studies *	3
ETHN 004	Asian American Studies *	3
ETHN 005	Ethnic Origins of Whiteness *	3
ETHN 010	Introduction to Ethnic Studies and Social Justice Studies *	3
HSRV 103	Gerontology	3
HSRV 104	Issues in Family Violence	3
HSRV 105	Case Management	3
PSY 001	General Psychology *	3
PSY 005	Social Psychology *	3
PSY 010	Human Sexuality *	3
PSY 034	Abnormal Psychology *	3
PSY 133	Personal and Social Growth *	3
SOC 026	Marriage and Family Life *	3
ELECTIVES		0-7
Select additional degree applicable courses numbered 1-299 to achieve 60 units.		
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TOTAL		60-62

\* Courses meet General Education requirements and 0-9 units may double count above in COS-GE.

The Associate Degree requirements include completion of the:

1. Required major courses and restricted elective courses with a "C" or better grade in each course (required and restricted elective courses may be substituted with the approval of the Division Chair),
2. General Education requirements,
3. Subject requirements including PE, Health & Wellness, and American Institutions, and
4. A minimum of 60 units of degree applicable courses numbered 1-299, at least 12 of which must be taken in residence at College of the Sequoias, with a "C" (2.0) average (see Associate Degree

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Requirements (<https://catalog.cos.edu/associate-degree-requirements/>) for additional details).