CHILD DEVELOPMENT

Child Development is the study of the physical, cognitive and emotional development of children from conception through adolescence.

Occupational possibilities in the field of child development are endless. Options include working as an infant/toddler care provider, preschool teacher, program director, home daycare provider, TK/elementary/secondary teacher, counselor and social worker.

The department offers a variety of courses for students looking to transfer to a four-year university in child development or a related field, earn a certificate (meets California Licensing Requirements), an associate degree, or simply upgrade knowledge and skills.

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Associate Degrees
• Associate in Arts in Child & Adolescent Development for Transfer (AA-T) (https://catalog.cos.edu/areas-study/consumer-family-studies/child-adolescent-development-for-transfer-aa-t/)
• Associate in Science in Early Childhood Education for Transfer (AS-T) (https://catalog.cos.edu/areas-study/child-development/associate-science-early-childhood-education-transfer-as-t/)
• Associate of Science in Child Development (AS) (https://catalog.cos.edu/areas-study/child-development/associate-science-child-development-not-for-transfer-as/)

Certificates
• Certificate of Achievement in Child Development - Teacher (https://catalog.cos.edu/areas-study/child-development/certificate-achievement-child-development-teacher/)
• Skill Certificate in Child Development - Assistant (https://catalog.cos.edu/areas-study/child-development/skill-certificate-child-development-assistant/)
• Skill Certificate in Child Development - Associate Teacher (https://catalog.cos.edu/areas-study/child-development/skill-certificate-child-development-associate-teacher/)

For a complete list of courses and descriptions visit: COURSES (https://catalog.cos.edu/course-descriptions/)

CHLD 039 Child Development-DS 1
3 unit(s)
Hours: 3 Lecture/Discussion
This course is a study of the principles of both typical and atypical human development from conception through adolescence. The course content focuses on physical, cognitive, social, and emotional domains of development. There will be an emphasis on the interactions between nature and nurture. While studying developmental theory and investigative research methodologies, students will observe children, evaluate individual differences and analyze characteristics of development at various stages. This course qualifies for an AS Degree, COS Vocational Certificate, the California Development Permit and is transferable. This course is required to work in Title 22 child care facilities. (C-ID CDEV100)

CHLD 042 Child, Family & Society-DS2
3 unit(s)
Hours: 3 Lecture/Discussion
The study of the social development of children with an emphasis on the interactions among and between children, families, and community systems. The processes of socialization and identity development will be highlighted. This course qualifies for an AS degree, COS Vocational Certificate, the California Child Development Permit and is transferable. This course is mandatory to work in Title 22 child care facilities. (C-ID CDEV110)
CHLD 126 Observation and Assessment - DS3  
**Hours:** 3 Lecture/Discussion  
This course focuses on the appropriate use of assessment and observation strategies to document developmental skills, behavior, growth, play and learning in promoting children's success. Recording strategies, rating systems, portfolios, and multiple assessment methods are explored. Child observations are conducted and analyzed during completion of 6 lab hours at an approved site. This core class qualifies for the COS Vocational Certificates, COS AS Degree, the California Child Development Permit and is transferable. (C-ID ECE200)  

CHLD 134 Understanding Child Abuse  
**Hours:** 3 Lecture/Discussion  
This study of child abuse and neglect includes a historical overview, causes, detection, prevention, treatment, and effects. Profiles of victims and their perpetrators will be examined. Content includes responsibilities of a Mandated Reporter and other legal issues. Emphasis is on effects of abuse and behavioral impact of Child Abuse and Neglect within families, classrooms, child care facilities, and the community. Societal implications include community resources for prevention, detection, and treatment as well as the building of healthy family dynamics. Understanding Child Abuse, CHLD 134, meets 3 of the 6 units needed for the COS Child Development Assistant Certificate.  

CHLD 140 Principles of Early Childhood Education - DS3  
**Hours:** 3 Lecture/Discussion  
An examination of the underlying theoretical principles of developmentally appropriate practice in early care and education. Emphasis on the role of the early childhood educator, the importance of teacher-child relationships, and effective teaching strategies and environmental design for supporting development in young children. This course includes a review of the historical roots of early childhood programs and the evolution of the professional practices promoting advocacy, ethics, and professional identity. This core class meets an educational requirement for employment in a Title 22 Licensed Child Development Facility, California Child Development Permits, COS Vocational Certificates, COS AS Degree and is transferable. (C-ID ECE120)  

CHLD 141 Practicum In ECE-DS3  
**Hours:** 2 Lecture/Discussion  
4 Lab  
In this course the student will practice and demonstrate developmentally appropriate early childhood program planning and teaching competencies under the supervision of ECE/CD faculty and other qualified early education professionals, by completing 54 hours of lab experience. Students will utilize practical classroom experiences to make connections between theory and practice, develop professional behaviors, and build a comprehensive understanding of children and families. Child centered, play-oriented approaches to teaching, learning, and assessment; and knowledge of curriculum content areas will be emphasized as student teachers design, implement and evaluate experiences that promote development and learning for all young children. This course qualifies for the COS Vocational Certificate, Child Development Permit, AS Degree, and the CSU transfer degree. (C-ID ECE210)  

Advisory on Recommended Preparation: Verification of measles and pertussis vaccinations, freedom of tuberculosis, and verification of flu vaccination or flu vaccination waiver are required for placement in a lab site.  
**Prerequisites:** CHLD 039, CHLD 042, CHLD 140, and CHLD 149 or equivalent college course with a minimum grade of C.  

CHLD 142 Adult Supervision-Mentor DS6  
**Hours:** 2 Lecture/Discussion  
Course includes methods and principles of supervising teachers in the early childhood classroom and also meets the requirement of adult supervision units on the California Child Development Permit Matrix. This course is required for the Child Development Permit, levels of Master Teacher and above. Students will complete the ECERS (Early Childhood Rating Scale), Mentor Application, as well as study team building and child care ethics.  
**Prerequisites:** CHLD 140 and CHLD 143 or equivalent college course with a minimum grade of C.  

CHLD 143 Administration of ECE-DS 6  
**Hours:** 3 Lecture/Discussion  
This course focuses on administering programs for children with emphasis on management of early childhood education programs, including program planning, organization, budgeting, personnel policies, record keeping, legal requirements and regulatory agencies. May be used to fulfill Title 22 Child Care Center Director requirements. CHLD 143 and CHLD 144 can also be used to fulfill Title 5 requirements for a California Site Supervisor Permit.  
**Advisory on Recommended Preparation:** CHLD 141 or equivalent college course with a minimum grade of C.  
**Prerequisites:** CHLD 140 or equivalent college course with a minimum grade of C.  

CHLD 144 Administration II-DS6  
**Hours:** 3 Lecture/Discussion  
Students will learn effective strategies for personnel management and leadership in early care and education settings. This will include legal and ethical responsibilities, supervision techniques, professional development and reflective practices for diverse and inclusive early care and education programs. May be used to fulfill Title 22 Child Care Center Director requirements. CHLD 143 and CHLD 144 fulfill requirements for a California Site Supervisory Permit.  
**Prerequisites:** CHLD 140 or CHLD 141 or equivalent college course with a minimum grade of C.
CHLD 147 Infant/Toddler Child Care - DS4
Hours: 3 Lecture/Discussion
This course covers the study of the development and care of infants and toddlers, implementing PITC (Program for Infants, Toddlers and Caregivers) and philosophy of Western Education. Additionally, it examines the relationships between primary care giving, bonding and attachments with the development and socialization process. This class also meets the requirement as an elective for specialization units required for Master Teacher Level on the Child Development Permit Matrix.

CHLD 148 Child Health/Safety/Nutri-DS7
Hours: 3 Lecture/Discussion
Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. The key components that ensure physical health, mental health and safety for both children and staff will be identified along with the importance of collaboration integration with families and health professionals. Focus on integrating the concepts into everyday planning and program development. This course qualifies for the COS Vocational Certificates, COS degree, the California Child Development Permit and is transferable. (C-ID ECE220)

CHLD 149 Creative Curriculum/Children-DS3
Hours: 2 Lecture/Discussion
3 Lab
This course presents an overview of knowledge and skills related to providing appropriate curriculum and environments for young children from birth to age 6. Students will examine a teacher’s role in supporting development and engagement for all young children. This course provides strategies for developmentally-appropriate practice based on observation and assessments across the curriculum, including 1) academic content areas, 2) play, art, and creativity, and 3) development of social-emotional, communication, and cognitive skills. This course qualifies for an AS Degree, COS Vocational Certificate, the California Child Development Permit and is transferable. (C-ID ECE130)

CHLD 152 School-Age Child Care-DS5
Hours: 3 Lecture/Discussion
This course examines the major physical, cognitive, and psychosocial developmental milestones of school-age children, including social and cultural dimensions. Emphasis on school-age child care programs and the developmental needs of children ages 6-12. Topics include: age appropriate environments, planning, curriculum, and guidance techniques.

CHLD 158 Teaching in a Diverse Soci-DS3
Hours: 3 Lecture/Discussion
This course will examine the development of social identities in diverse societies including theoretical and practical implications affecting young children, families, programs, teaching, education and schooling. Culturally relevant and linguistically appropriate anti-bias approaches supporting all children in becoming competent members of a diverse society. Course involves self-reflection of one’s own understanding of educational principles in integrating anti-goals in order to better inform teaching practices and/or program development. This core class qualifies for employment in a Title 22 Licensed Child Development Facility, California Child Development Permits, COS vocational certificates, COS AS degree and is transferable. (C-ID ECE230)

Child Development
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B.A., Pacific Oaks College
M.A., Pacific Oaks College

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M.A., Brandman University

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M.A., California State University, Fresno

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M.S.W., University Of Nevada, Las Vegas

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