NURSING

Contact Information

Director of Registered Nursing

Belen Kersten, MSN, RN | (559) 730-3728 | belenk@cos.edu
Hospital Rock: 102 | Visalia Campus

Nursing and Allied Health Division Chair

Terri Paden, DNP | (559) 737-6254 | terrip@cos.edu
Hospital Rock: 103 | Visalia Campus

Associate Dean/Director Allied Health and Physical Therapist Assistant Program

Jonna Schengel, Ed.D | (559) 737-6135 | jonnas@cos.edu
John Muir: 125 | Visalia Campus

Associate Degree

• Associate of Science in Registered Nursing - Not for Transfer (AS) (http://catalog.cos.edu/archives/2017-2018/areas-study/nursing/associate-science-registered-nursing-not-for-transfer-as)

Certificate

• Skill Certificate in Certified Nurse Assistant (http://catalog.cos.edu/archives/2017-2018/areas-study/nursing/skill-certificate-certified-nurse-assistant)

HLTH 405 Rehabilitation Aide

Hours: 4.4 Lab
This certification course will introduce and discuss the profession of physical and occupational therapy. It will begin with the origins of therapy, continue through the different roles required for therapy, then review the material that is required for the student to perform as a rehabilitation/physical therapy aide. Students will review a chapter electronically at their own pace, along with performing weekly quizzes, activities and group work to help learn the material. Two Saturday lab sessions will be scheduled to complete the skill competency checks at the College of the Sequoias.

HLTH 406 CPR for Health Care Providers

Hours: 0.5 Lab
Materials Fees: 60
The course will lead to CPR certification by the American Heart Association which is required for employment in health care settings.

NURS 106 Cultural Comptcy in Healthcare

Hours: 3 Lecture/Discussion
This course explores cultural competency skills required to assist individuals to promote, maintain and restore health. Emphasis is placed on analyzing differences in cultural demographics, beliefs, traditions, communication, biological variations and common morbidities.
Advisory on Recommended Preparation: ENGL 001 or equivalent college course with "C" or better

NURS 142 Pharmacology in Healthcare

Hours: 3 Lecture/Discussion
This nursing course is a study of the pharmacotherapy related to the nursing care of clients across the lifespan. The progressive themes of the nursing program are applied through the nursing process to attain the client’s optimal well-being.
Advisory on Recommended Preparation: BIOL 031 or equivalent college course with "C" or better

NURS 151 Intro Promote&Restore Wellness

Hours: 1.5 Lecture/Discussion
4.5 Lab
This second semester course is a study of basic medical-surgical nursing principles and clinical skills which assist clients in promoting and restoring optimal wellness. Client care occurs in a variety of acute and community settings. The progressive themes of the nursing program are applied through the nursing process.
Corequisites: NURS 152, NURS 154
NURS 152 Promoting Perinatal Wellness
4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This course is completed during the second semester of the Registered Nursing Program. It consists of study and application of theory to clinical care of the childbearing family, including maintaining and promoting optimal wellness. It includes concepts of perinatal care. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being. Prerequisite of NURS 161 may be waived with LVN Licensure.
Prerequisites: NURS 161 or equivalent college course with "C" or better

NURS 153 Promoting Pediatric Wellness
4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This course is completed during the third semester of the Registered Nursing Program. It consists of study and application of theory to clinical care of the pediatric client and family, including maintaining and promoting optimal wellness. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being. Prerequisites of NURS 161 (may be waived with LVN licensure and NURS 150), NURS 151, NURS 152, & NURS 154.
Prerequisites: NURS 161 and NURS 151 and NURS 152 and NURS 154 or equivalent college course with "C" or better

NURS 154 Promoting Mental Wellness
4unit(s)
Hours: 2 Lecture/Discussion
6 Lab
This second semester course is a study of psychiatric, mental-health concepts to promote and restore wellness. The progressive themes of the Nursing program are applied through the nursing process to attain the client's optimal well-being.
Prerequisites: NURS 161 or equivalent college course with "C" or better

NURS 161 Maintaining Optimal Wellness
11unit(s)
Hours: 5 Lecture/Discussion
18 Lab
Materials Fees: 14
This first semester course is an introduction to the elements of client-centered care based on the nursing process, emphasizing assessment and the older adult. Introduces nursing program threads: caring, safety, psychomotor skills, critical thinking, communications, teaching, growth, development, adaptation, and legal, ethical, and professional nursing. The progressive themes of the nursing program are applied through the nursing process to attain the client's optimal well-being.
Prerequisites: (BIOL 030 and BIOL 031 and BIOL 040) and (ENGL 001 or equivalent college course with "C" or better
Limitation on Enrollment: Acceptance into the RN Program.

NURS 163 Promote and Restore Wellness 1
6unit(s)
Hours: 3 Lecture/Discussion
9 Lab
Materials Fees: 4
This third semester nursing course is a study of intermediate medical-surgical nursing principles and clinical skills which assist adult clients in promoting and restoring optimal wellness. Client care occurs in a variety of acute and community settings. The progressive themes of the nursing program are applied through the nursing process.
Prerequisites: NURS 151 and NURS 152 and NURS 154 or equivalent college course with "C" or better

NURS 164 Promote and Restore Wellness 2
8unit(s)
Hours: 4 Lecture/Discussion
12 Lab
Materials Fees: 4
This fourth semester nursing course is a study of complex medical-surgical nursing concepts to promote and restore wellness in complex clients. In the clinical laboratory, students will increase skills to promote and restore optimal wellness. The progressive themes of the nursing program are applied through the nursing process to attain the client's optimal well-being.
Prerequisites: NURS 163 or equivalent college course with "C" or better
NURS 166 Nursing Leadership 3 unit(s)
Hours: 5 Lecture/Discussion
7.5 Lab
This is a study of the leadership role of the Registered Nurse in providing integrated, cost-effective care to clients by coordinating, supervising, and collaborating with members of the health care team.
Prerequisites: NURS 163 and NURS 153 or equivalent college course with "C" or better

NURS 220 Perioperative Nursing 4 unit(s)
Hours: 2 Lecture/Discussion
6 Lab
Equivalent Course: NURS 120
This is an elective course in perioperative nursing. This course is designed to prepare a competent and knowledgeable practitioner to administer optimum care to select surgical patients during pre-operative, intra-operative, and post-operative phases of surgical intervention.
Prerequisites: NURS 161 or equivalent college course with "C" or better

NURS 256 Medical Terminology 3 unit(s)
Hours: 3 Lecture/Discussion
Equivalent Course: BUS 256
This course is designed to provide a foundation for the understanding of medical terminology using simple, non-technical explanations of medical terms. The fundamentals of word analysis are explained to make the understanding of complex terminology easier.
Advisory on Recommended Preparation: ENGL-251 or equivalent college course with "C" or better or eligibility for ENGL 1 as determined by COS Placement Procedures

NURS 260 Nursing Assistant 6 unit(s)
Hours: 4 Lecture/Discussion
7 Lab
This course is designed to prepare the student as an entry-level worker, providing basic nursing care to patients in acute care and long-term care settings. The curriculum is structured to provide theory and application in skills needed to function as a Nursing Assistant. Upon completion, students will be eligible to take the state certification examination. *Required by the clinical placement facilities: the student must have a current American Heart Association, Health Care Provider CPR Certification.

NURS 310 Prepare/Health Care Careers 2 unit(s)
Hours: 2 Lecture/Discussion
This course assists any new or returning college student to be successful. Assessment and application of individual learning styles are done. Learning skills such as note-taking, testing, and writing are reviewed. Basic arithmetic, problem-solving skills, library and computer resources, means to manage money, and stay healthy are discussed.

NURS 400 Nursing Skills Lab 0 unit(s)
Hours: 3 Lab
Equivalent Course: NURS 400AD
This course provides the student an opportunity for additional directed learning and supervised laboratory time to develop and refine nursing clinical skills necessary to the safe clinical practice of professional nursing. The student will gain knowledge from instructor demonstration, a variety of electronic media, computers and simulation.
Limitation on Enrollment: Must be enrolled in the COS Registered Nursing Program.

PT 210 Intro to Pharmacy Systems 1 unit(s)
Hours: 1 Lecture/Discussion
This course introduces the Pharmacy Technician student to pharmacy systems and practices, including job responsibilities and ethics.
Corequisites: PT 211, PT 212
Advisory on Recommended Preparation: MATH 200 or equivalent college course with a grade of "C" or better.

PT 211 Pharmacology for Pharm Techs 3 unit(s)
Hours: 3 Lecture/Discussion
The Pharmacy Technician student will learn the use and side effects of drugs commonly used to treat diseases affecting the major body systems.
Corequisites: PT 210, PT 212
Advisory on Recommended Preparation: MATH 360 or equivalent college course with "C" or better.
PT 212 Pharm Tech Practice 1 1unit(s)
Hours: 3 Lab
The Pharmacy Technician student will apply principles of legal standards and quality assurance in preparation of non-compounded products in a lab setting.
Corequisites: PT 210, PT 211
Advisory on Recommended Preparation: MATH 200 or equivalent college course with a grade of "C" or better, or eligibility for MATH 230 as determined by COS Placement Procedures.

PT 220 Pharm Tech Practice 2 2unit(s)
Hours: 1 Lecture/Discussion
3 Lab
During this short term class, taken the first half of the second semester, the Pharmacy Technology students will compound nonsterile and sterile products, hazardous products, learn database maintenance of drug distribution, and learn billing of pharmacy goods and services.
Prerequisites: PT 210 and PT 211 and PT 212 or equivalent college course with "C" or better

PT 221 Professionalism for Pharm Tech 1unit(s)
Hours: 1 Lecture/Discussion
The Pharmacy Technician student will learn about the role of protocols, development of new drug products, and investigational drug products. The student will also learn about pharmacy ethics, professionalism, and organizations.
Prerequisites: PT 210 and PT 211 and PT 212 or equivalent college course with "C" or better

PT 222 Pharm Tech Externship 2unit(s)
Hours: 7 Lab
During this course, the Pharm Tech student will complete an externship in a professional pharmacy following policies and procedures that apply to acute, long-term, and ambulatory care practice under the supervision of a licensed pharmacist.
Prerequisites: PT 210 and PT 211 and PT 212 or equivalent college course with "C" or better
Corequisites: PT 220, PT 221

Nursing

Beaudoin, Jane
B.A., St. Joseph College, Bangor Maine
M.S.N., Husson College, Windham, Maine

Campbell, Lorie
A.S./A.A., College of the Sequoias
B.S.N., California State University, Bakersfield
M.S.N., Western Governors University

Childers, Carolyn
A.A., College of the Sequoias
B.S.N., California State University, Fresno
M.S.N., University Of Phoenix

Droney, La Donna
B.S., Murray State University
M.S., Medical College Of Georgia
M.A., University Of California, San Francisco

Lukehart, Dennis, Ph.D.
B.S.N., California State University, Dominguez Hills
B.S.N., Graceland College
B.A., Fresno Pacific University
M.A., Chapman College
Ph.D., Capella University, Minneapolis

Morris, Anne
B.S.N., California State University, Fresno
M.S.N., California State University, Dominguez Hills

Morris, Robert
B.S.N., California State University, Dominguez Hills
M.S.N., California State University, Dominguez Hills
Paden, Teresa
A.A., Mount St. Mary’s College
B.S.N., University Of California, San Francisco
M.S., Regis University
D.N.P., Regis University

Roberts, Karen
A.S., College Of The Sequoias
A.S., San Diego Mesa College, San Diego
B.S.N., Graceland College, Lamoni, Iowa
M.S.N., Graceland University, Lamoni, Iowa

Schneider, Nancy
B.S., University Of Colorado
M.A., Boston University

Toth, Tina
B.A., University of Windsor
M.S.N., Walden University