

# INTERDISCIPLINARY STUDIES (IS)

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**IS 210 Leadership Development** **2unit(s)**

Hours: 2 Lecture/Discussion

Theory and practice of leadership. Prepares students for productive involvement in community service, college activities, and civic governance. Designed especially, but not exclusively, for students participating in student government and club activities.

**IS 211 Student Governance** **2unit(s)**

Hours: 2 Lecture/Discussion

This course is designed to familiarize students with the Student Senate Constitution and governance process within the community college system. Students will learn methods and techniques to conduct effective meetings and skills to serve as student representatives within the participatory governance structure. Students will develop an understanding of the community college culture, learn methods to lead with integrity and moral purpose, develop critical thinking skills, and strategies for active citizenship.

**IS 212 Peer Mentoring and Leadership** **2unit(s)**

Hours: 2 Lecture/Discussion

This course is designed to give students leadership, peer mentoring, and peer advising skills. Helping skills such as methods of problem-solving essential for the college student, communication, time management, knowledge of resources are emphasized, as well as leadership training. This course will prepare students to act as peer-mentors for the college student population.

**IS 213 Student Senate Development** **2unit(s)**

Hours: 2 Lecture/Discussion

A class devoted to the practical application of the governmental process through participation in student government.