

# COURSE DESCRIPTIONS

## Courses Related in Content

Active participatory courses not approved as repeatable, that share a similar primary educational objective in physical education, visual arts, and performing arts are grouped together. Students are allowed four enrollments within each group of courses related in content (CRC), but each course in the group may be taken only once. This limitation applies even if a student receives a substandard grade or is approved to repeat a course due to extenuating circumstances.

In addition, all evaluative and non-evaluative grades count toward the four enrollment limitation and all grades and credits received count in computing the students GPA. The one and only exception is when a course is repeated pursuant to a significant lapse of time, the District may allow the previous grade and credit to be disregarded in computing the student's GPA.

## ART Families of Courses

Code	Title	Units
<b>Design Family (12 Units)</b>		
ART 006	Color and Design	3
ART 007	Advanced Color and Design	3
ART 032	Beginning 3-D Design	3
ART 033	Intermediate 3-D Design	3
<b>Drawing Family (12 Units)</b>		
ART 008	Drawing Fundamentals	3
ART 009	Drawing Composition	3
ART 049	Beginning Figure Drawing	3
ART 050	Intermediate Figure Drawing	3
<b>Painting Family (6 Units)</b>		
ART 043	Beginning Studio Painting	3
ART 044	Intermediate Studio Painting	3
<b>Digital Family (9 Units)</b>		
ART 023	Macintosh Basic for Artists	3
ART 025	Digital Imaging for Artists	3
ART 130	Digital Printmaking	3
<b>Planographic/Offset Processes Family (12 Units)</b>		
ART 176	Beginning Stone Lithography	3
ART 177	Intermediate Stone Lithography	3
ART 178	Beginning Plate Lithography	3
ART 179	Intermediate Plate Lithography	3
<b>Printmaking Family (12 Units)</b>		
ART 121	Beginning Screen Printing	3
ART 122	Intermediate Screen Printing	3
ART 015	Beginning Printmaking	3
ART 016	Intermediate Printmaking	3
<b>Museum/Gallery Studies Family (6 Units)</b>		
ART 111	Beginning Gallery Exhibition	3
ART 112	Interm. Gallery Exhibition	3
<b>Research Family (1-4 Units)</b>		
ART 151	Independent Study-ART	1-4
<b>Sculpture Family (12 Units)</b>		
ART 141	Beginning Studio Arts	3
ART 142	Intermediate Studio Arts	3
ART 066	Beginning Sculpture	3
ART 067	Intermediate Sculpture	3
<b>Ceramics Family (12 Units)</b>		
ART 061	Beg. Handbuilding Ceramics	3

ART 062	Interm. Handbuilding Ceramics	3
ART 063	Beg. Wheel Thrown Ceramics	3
ART 064	Interm. Wheel-Thrown Ceramics	3
<b>Glass Family (6 Units)</b>		
ART 119	Beginning Stained Glass Design	3
ART 120	Intermediate Stained Glass	3

## Music Families of Courses

Code	Title	Units
<b>Music Theatre (4 Units)</b>		
MUS 091	Music Theatre Orchestra	2
MUS 097	Music Theatre Voice	2
<b>Classroom Voice Family (4 Units)</b>		
MUS 030	Beginning Voice	2
MUS 031	Intermediate Voice	2
<b>Chamber Ensemble Family (8 Units)</b>		
MUS 036	Chamber Singers Renaissance	2
MUS 037	Chamber Singers Classical	2
MUS 038	Chamber Singers Romantic	2
MUS 039	Chamber Singers 20th Century	2
<b>Classroom Instrumental Family (4 Units)</b>		
MUS 060	Brass Musical Instruments	2
MUS 062	Woodwind Instruments	2
<b>Commercial Music Family (4 Units)</b>		
MUS 226	Computerized Audio 1: MIDI	2
MUS 227	Computerized Audio Prod 2	2
<b>Recording Arts Family (5 Units)</b>		
MUS 281	Recording Arts 1	2
MUS 282	Recording Arts 2	3

## Physical Education Families of Courses

Code	Title	Units
<b>Aerobics Family (4 Units)</b>		
PEAC 001	Aerobic Conditioning	1
PEAC 002	Non-Impact Aerobics	1
PEAC 003	Step Aerobics	1
PEAC 004	Circuit Training	1
<b>Aquatics Family (4 Units)</b>		
PEAC 008	Beginning Swimming	1
PEAC 009	Intermediate Swimming	1
PEAC 010	Advanced Swimming	1
PEAC 011	Swimming for Fitness	1
<b>Baseball Family (3 Units)</b>		
PEAC 015	Fundamentals of Baseball	1
PEAC 016	Conditioning for Baseball	1
PEAC 017	Techniques of Baseball	1
<b>Basketball Family (2 Units)</b>		
PEAC 021	Beginning Basketball	1
PEAC 022	Intermediate Basketball	1
<b>Football Family (2 Units)</b>		
PEAC 025	Fundamentals of Football	1
PEAC 026	Conditioning for Football	1
<b>Mechanics of Movement Family (1 Unit)</b>		

PEAC 030	Joint Mobility and Fitness	1
<b>Mind/Body Wellness Family (4 Units)</b>		
PEAC 036	Stretch and Tone	1
PEAC 037	Pilates Mat Class	1
PEAC 038	Introduction to Yoga	1
PEAC 039	Hatha Yoga Fundamentals	1
<b>Soccer Family (1 Unit)</b>		
PEAC 042	Soccer	1
<b>Softball Family (2 Units)</b>		
PEAC 046	Women's Softball-Beginning	1
PEAC 048	Women's Softball-Advanced	1
<b>Tennis Family (2 Units)</b>		
PEAC 052	Beginning Tennis	1
PEAC 053	Intermediate Tennis	1
<b>Track and Field Family (1 Unit)</b>		
PEAC 056	Beginning Track and Field	1
<b>Volleyball Family (2 Units)</b>		
PEAC 064	Beginning Volleyball	1
PEAC 065	Intermediate Volleyball	1
<b>Walk/Jog Fitness Family (4 Units)</b>		
PEAC 068	Beginning Fitness Walking	1
PEAC 069	Intermediate Fitness Walking	1
PEAC 070	Walk/Jog for Aerobic Fitness	1
PEAC 071	Cross Interval Training	1
<b>Weight Training Family (4 Units)</b>		
PEAC 074	Beginning Weight Training	1
PEAC 075	Intermediate Weight Training	1
PEAC 076	Adv Strength/Body Bldg Prin.	2
<b>Cheer Family (2 Units)</b>		
PEAC 262	Cheer Fitness 1	1
PEAC 263	Cheer Fitness 2	1

## Course Numbering System at College of the Sequoias

The Course Number System provided below is to help students easily identify those courses needed as they plan their studies at College of the Sequoias.

All courses numbered 299 or lower are associate degree credit courses. They can be applied toward the 60-unit AA/AS graduation requirement and for vocational certificates.

### Course Numbers Explanation

Course Numbers	Explanation
001-099	Courses accepted by the University of California System (See UC Transfer Course List for unit limitations). For specific course articulation (equivalency), consult <a href="http://www.assist.org">www.assist.org</a> ( <a href="http://www.assist.org">http://www.assist.org</a> ), the Counseling Office or the Transfer Center.
001-199	Courses accepted by the California State University system and most other four-year colleges and universities. For specific course-to-course articulation (equivalency), consult <a href="http://www.assist.org">www.assist.org</a> ( <a href="http://www.assist.org">http://www.assist.org</a> ), the Counseling Office or the Transfer Center.
200-299	Associate degree applicable. Although not intended for university transfer, these courses may be accepted by some colleges in certain majors, especially if provided for in an articulation agreement.

300-399	College credit, non-degree applicable and basic skill courses. Effective Summer Semester, 2008, students enrolled in the 300 series (course number) of classes will be graded on an "A," "B," "C," and "Pass/No Pass" basis.
400	Non-credit, general courses

### **Course Identification Numbering System (C-ID)**

The California Course Identification Numbering System (C-ID) is a statewide numbering system independent from the course numbers assigned by individual California Community Colleges. Courses approved for the C-ID program are given a C-ID designation. College of the Sequoias courses with a C-ID designation will articulate with any other California Community College with the same C-ID designation. For example, ECON 040 has been approved for C-ID ECON 202 so ECON 040 is indirectly articulated with all other California Community College courses approved for C-ID ECON 202. In addition to the community college to community college articulation, a course with a C-ID course designation will articulate with California State Universities that have approved articulation with that C-ID designation. To access the CSU courses that have been identified by CSU campuses as comparable to C-ID descriptors visit the C-ID Web Site at [www.c-id.net](http://www.c-id.net) (<http://www.c-id.net>). You can search for courses by discipline or CSU campus.

Course requirements vary between colleges and universities and students are encouraged to consult the ASSIST database at [www.assist.org](http://www.assist.org) (<http://www.assist.org>) and a COS counselor for program planning and course selection. Students may also consult the ASSIST database for specific information on C-ID course designations for all California Community Colleges. College of the Sequoias lists all C-ID course designations parenthetically after each course description in this catalog.