

PSYCHOLOGY

Psychology is the scientific study of the mind (covert functions such as emotion & thought), and observable behaviors (overt functions). There are seven modern perspectives in Psychology: Behavioral, Bio-Psychological, Cognitive, Evolutionary, Humanistic, Psychodynamic, and Social-Cultural. Current use of these perspectives is eclectic, researching multiple influences on the individual and on societies. The ancient debate and current consideration of the influence of both nature and nurture on development and behavioral expression are translated for students of Psychology into a scientific approach, using empirical methods of systematic investigation and critical thinking.

Career opportunities for graduates with a Bachelor's Degree/Master's Degree in Psychology include the fields of: Social Work, Mental Health, Counseling, Case Managers, Corrections, Probation, Parole, Human Resources, Public Affairs, Research, and Teaching. COS offers an AA for Transfer Degree for students planning on transferring to a 4-year college or university to earn a Bachelor's Degree in Psychology.

In all cases, students should consult with a counselor for specific transfer requirements.

Contact Information

Psychology Faculty Contact

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Associate Degree

- Associate in Arts in Psychology for Transfer (AA-T) (<https://catalog.cos.edu/areas-study/psychology/associate-arts-psychology-transfer-aa-t/>)

For a complete list of courses and descriptions visit: COURSES (<https://catalog.cos.edu/course-descriptions/>)

PSYC C1000 Introduction to Psychology

3unit(s)

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 001

Common Description: This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations.

Advisory on Recommended Preparation: Eligibility for college-level writing (C-ID ENGL 100) and reading (a course with an existing skill of ability to read a college level text). (C-ID PSY110)

PSYC 005 Social Psychology

3unit(s)

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 005

This course considers individual human behavior in relation to the social environment. The power of the situation, other individuals, and the social group will be examined. Emphasized topics include: social cognition, person perception, cultural norms, gender roles, attitudes and attitude change, prejudice and stereotypes, aggression, interpersonal attraction, conformity and social influence, prosocial behavior, and group phenomena. (C-ID PSY170)

Prerequisites: PSYC C1000 or equivalent college course with a minimum grade of C.

PSYC 010 Human Sexuality

3unit(s)

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 010

A comprehensive introduction to the biological, psychological and social-cultural aspect of human sexuality, including thoughts, feelings and behaviors. Provides a solid basis of sexual anatomy and physiology, with an emphasis on how psychological, emotional and social-cultural factors may affect sexual expression and function. (C-ID PSY130)

Prerequisites: PSYC C1000 or equivalent college course with a minimum grade of C.

PSYC 029 Research Methods

4unit(s)

Hours: 3 Lecture/Discussion Hours:
3 Lab

Equivalent Course: PSY 029

This course provides an overview of the methodologies used in experimental, quasi-experimental and non-experimental research in psychology. Students will learn how to design and conduct research, including formulating hypotheses, reviewing the literature, evaluating ethical issues, selecting methodologies, organizing data, applying statistics and writing reports. (C-ID PSY 205B)

Prerequisites: STAT C1000 or SSCI 025 and PSYC C1000 or equivalent college course with a minimum grade of C.

PSYC 034 Abnormal Psychology

3unit(s)

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 034

This course is designed to present a broad general survey of the field of abnormal psychology. It utilizes the many theoretical views of psychopathology in human behavior in order to explore the nature and development of these deviations, with primary consideration given to neurotic and psychotic behavior. (C-ID PSY120)

Prerequisites: PSYC C1000 or equivalent college course with a minimum grade of C.

PSYC 080 Introduction to Lifespan Psychology**3unit(s)**

Hours: 3 Lecture/Discussion

Equivalent Courses: CFS 080, PSY 080

This course provides an overview, from a psychological perspective, of human development from conception through death, including biological and environmental influences. Theories and research of physical, cognitive, personality, and social development are examined, as well as attention to developmental problems. (C-ID PSY180)

PSYC 130 Introduction to Behavior Modification**3unit(s)**

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 130

Designed for teachers, paraprofessionals, and those pursuing a career in psychology. Students will develop skills in assessing behavior, developing target behaviors and implementing a behavior change program. This course combines both the theoretical and practical models for understanding human behavior.

Prerequisites: PSYC C1000 or equivalent college course with a minimum grade of C.

PSYC 133 Personal and Social Growth**3unit(s)**

Hours: 3 Lecture/Discussion

Equivalent Course: PSY 133

PSYC 133 is a course for students to apply concepts of psychology to enhance self-understanding and improve interpersonal relations. Students will learn the relation of psychological concepts to physical and mental health. Finally, the students will consider the attainment of educational, vocational and relationship goals. (C-ID PSY115)

Psychology

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