

ASSOCIATE IN ARTS IN PSYCHOLOGY FOR TRANSFER (AA-T)

Students completing the Associate in Arts in Psychology for Transfer will be able to seamlessly transfer into the CSU system to pursue a baccalaureate degree in Psychology. Students completing this degree will have an introductory foundation for the field of Psychology through the study of facts, principles and theories that pertain to the basic concepts and behaviors, thoughts, and emotions from human and animal research studies. Students will acquire skills and abilities in a scientific perspective, using systematic investigation and critical thinking methods.

Program Outcomes

- **Content Knowledge & Applications:** Students demonstrate comprehension of the major concepts, theoretical perspectives, historical trends, and empirical or evidence-based findings to discuss how psychological principles apply to behavior and mental processes.
- **Scientific Inquiry & Critical Thinking:** Students completing foundation courses learn basic skills and concepts in interpreting behavior using research, studying research, and applying research design principles to draw appropriate conclusions about behavior.
- **Values in Psychological Science:** This goal promotes the development of ethical and socially responsible values and behaviors in personal, professional, organizational, and institutional settings.
- **Communication & Literacy:** The skills in this category address the ability of students to build and maintain effective communication skills in processing and expressing information. Students develop psychological literacy, including applying knowledge of research skills necessary to be an informed consumer of research or a critic regarding unsupported claims about behavior.
- **Personal & Professional Development:** The emphasis in this domain involves self-regulation, project management skills, professional judgment, collaboration skills, and proficiency in workplace technology and career planning.

Transfer & Career Opportunities

This Associate in Arts in Psychology for Transfer (AA-T) Degree is intended to meet the lower division requirements for Psychology for all CSU campuses. Students planning to transfer to institutions other than the CSU are encouraged to consult ASSIST.org (<http://www.assist.org>) and a COS counselor for program planning and course selection. Most common career opportunities with a baccalaureate degree include: Correction Counselor Trainee, Public Affairs/Social Sciences, Personnel Analyst, Market Researcher, Mental Health Care Worker, Community Youth Programs Worker, Crisis Intervention Counselor, Community and Social Service Worker, Probation Officer and Parole Officer.

Program Requirements

Code	Title	Units
GENERAL EDUCATION		34
	California-General Education Transfer Curriculum (Cal-GETC)	
+		
REQUIRED MAJOR COURSES		15

BIOL 020	Frontiers in Biology *	4
PSYC C1000	Introduction to Psychology	3
PSYC 029	Research Methods	4
SSCI 025	Statistics - Social Sciences *	4
	or STAT C1000 Introduction to Statistics	
+		
RESTRICTED ELECTIVES - LIST A		3
Select one of the following courses:		
ANTH 010	Cultural Anthropology *	3
PSYC 005	Social Psychology	3
PSYC 080	Introduction to Lifespan Psychology	3
SOC 001	Introduction to Sociology *	3
+		
RESTRICTED ELECTIVES - LIST B		3
Select one of the following courses or any course not selected from List A:		
PSYC 010	Human Sexuality	3
PSYC 034	Abnormal Psychology	3
PSYC 130	Introduction to Behavior Modification	3
PSYC 133	Personal and Social Growth	3
+		
ELECTIVES		18
Select additional transferable courses numbered 1-199 to achieve 60 units. The Social Science Division recommends additional courses from 2E or 2F to meet this requirement.		
=		
TOTAL		60

* Course(s) meets General Education requirement and 13 units may be double counted above in Cal-GETC.

The Associate in Arts Degree for Transfer requirements include completion of the 60 unit program defined above with at least 12 units taken in residence at College of the Sequoias with a "C" (2.0) average and a "C" or better grade in all required major and restricted electives courses (see Transfer Information and Requirements (<https://catalog.cos.edu/transfer-information-requirements/>) section for additional details).